

*1 in 5 people in our area are food insecure.*

*If you or someone you know has a food need, the following options are available:*

## **Bremer County Food Resources**

*Presented by:*



**For additional information contact:  
Waverly-Shell Rock Area United Way  
319-352-2585 or  
director@wsrunitiedway.org**

### **Bremer County Iowa State University Extension and Outreach**

**Programs Offered:** Science and research-based nutritional and family information, plus toll-free “Answer Line” with real people.

**Contact Information:**

Ron Lenth

[rlenth@iastate.edu](mailto:rlenth@iastate.edu)

[www.extension.iastate.edu/bremer](http://www.extension.iastate.edu/bremer)

319-882-4275

**Eligibility:** Open to all

### **Bremer County Veterans Affairs**

**Programs Offered:** Veterans General Assistance

**Contact Information:**

Neal Jarnagin

(319) 352-4209

[njarnagin@co.bremer.ia.us](mailto:njarnagin@co.bremer.ia.us)

<http://www.bremercountyva.org/general-relief/>

**Eligibility:** Must be a veteran or immediate family member (spouse, dependent adult or child) as defined by Chapter 35.1 of the Iowa Code and have a basic, emergency need that cannot be met by other means. Additionally, they must be a resident of Bremer County, meet certain income/asset guidelines, be registered with Iowa Workforce Development, and apply for all other assistance in the area.

### **Cedar Valley Friends of the Family**

**Program(s) offered:** Emergency Safe Shelter, Rapid-Rehousing, Transitional Housing, Permanent Supportive Housing, and Prevention Education

**Contact Information-**

319-352-1108; 1-800-410-SAFE;

[admin@cvfriendsofthefamily.org](mailto:admin@cvfriendsofthefamily.org)

**Eligibility-**Anyone that is fleeing domestic violence/sexual assault and/or that is struggling with homelessness may qualify for services.

### **Department of Human Services**

**Program Offered:** SNAP (Supplemental Nutritional Assistance Program);

**Contact Information:** 877-204-3822;

**Eligibility:** Income and resource limits based on household size and composition.

### **Helping Services of Northeast Iowa**

**Program offered:** Emergency Food Boxes & Transitional Housing

**Contact Information:** 1-800-383-2988; 24 hours a day.

[www.helpingservices.org](http://www.helpingservices.org)

**Eligibility:** Individuals and families who are victims of domestic violence

### **Northeast Iowa Area Agency on Aging**

**Programs offered:** Congregate meals at the Waverly Senior Center, Home Delivered Meals, Frozen and shelf stable meals for the weekends and inclement weather (meals are offered to eligible participants on a contribution basis) Senior Farmers Market Program (available beginning June 1<sup>st</sup>), Elderly Nutrition Boxes and Weekends Bags

**Contact information:** LifeLong Links at 1-866-468-7887

**Eligibility:** Individuals 60 years of age or older; Spouse of any age. Additional services may be available for those 60 and over or those disabled between the ages of 18 and 60.

### **Northeast Iowa Community Action Corporation (NEICAC)**

**Program(s) offered:** Low-Income Home Energy Assistance (LIHEAP), Emergency Utility and Rent Assistance, Food Pantry, Head Start, Weatherization, Family Development & Self-Sufficiency (FaDSS) Program, Energy Crisis Intervention Program (ECIP), Tenant Based Rental Assistance (TBRA) and Disaster Assistance when Governor declares a disaster and includes the Individual Assistance Program.

**Contact Information:** (319) 352-4532 M-W-F from 7:00am – Noon

**Program Eligibility:** All programs are based on household income and vary from program to program.

**Northeast Iowa Food Bank**

**Program(s) offered:** Mobile Food Pantry, Second Tuesday of each month from 5:30 to 6:30 pm at Vineyard Church in Waverly and Boyd Community Building in Shell Rock from 5:00pm-6:00pm also the 4<sup>th</sup> Thursday at Faith United Church of Christ in Tripoli from 5:00pm-6:30pm; Backpack Program is through the School System; Elderly Food Boxes are through the Senior Center for homebound Seniors and Bags of Food for Seniors in need who come to the Center; Food to Qualified Nonprofit Organizations-call the Food Bank for more information

**Contact Information:** Karen Erickson, Director of Programs 319-235-0507 or Barbara Prather, Executive Director

**Eligibility:** Depends on the Program call the Northeast Iowa Food Bank for details.

**The Salvation Army**

**Program offered:** Emergency Living Assistance

**Contact Information:** Sgt. Paul Leisinger or Capt. Don Eggleston, (319)352-5400

**Eligibility:** Bremer or Butler County resident and must meet needs assessment

**Vineyard Community Church**

**Program offered:** Weekly Community Meal served each Wednesday from 5:30-6:30 p.m. at the church

**Contact Information:** 319 W. Bremer Avenue, Waverly, IA; 319-352-2656

**Eligibility:** No eligibility requirements. Everyone welcome.

**Program Offered:** Emergency Food Boxes. Available as needed 24-7.

**Contact Information:** Ben Dau (563-349-2030); Kent Prescott (319-239-6309); Nancy Magnall (319-296-8307)

**Eligibility:** Anyone with a food emergency can call any one of the contact persons to request an emergency box.

**Saint's Café Community Meal**

**Program Offered:** Free Community Meal Every Monday Night from 5:00pm-6:30pm.

**Location:** St. Paul's Lutheran Church (Temporarily relocated to Trinity Methodist Church beginning 4/20/15)

**Contact Information:** St. Paul Lutheran Church (319) 352-1484, Redeemer Lutheran Church (319) 352-1325, St. Andrew Episcopal Church (319) 352-1489, Trinity United Methodist Church (319) 352-2590, Heritage United Methodist Church (319) 352-1776, St. Mary Catholic Church (319) 352-2493.

**Eligibility:** Open to all

**Waverly Sharing Gardens**

**Program Offered:** Providing fresh vegetables for those in need utilizing volunteers.

**Contact Information:** Waverly Leisure Services- 319-352-6263, [garden@ci.waverly.ia.us](mailto:garden@ci.waverly.ia.us)

**Eligibility:** N/A

**Waverly-Shell Rock Area United Way**

**Program Offered:** Offering local referrals and program information as well as 24 hour crisis assistance and referrals through 2-1-1

**Contact Information:** Dial 2-1-1 for 24 hour crisis assistance or referrals; local contact (319)352-2582 or [director@wsrunitiedway.org](mailto:director@wsrunitiedway.org)

**Eligibility:** N/A

**WIC (Women, Infants, & Children)**

**Programs offered:** Nursing and Dietitian Assessment, Peer Counseling for Breastfeeding Women and the provision of food instruments for women and/or children that qualify

**Contact Information:** Sue A. Burnett, [sburnett@operationthreshold.org](mailto:sburnett@operationthreshold.org), (319) 824-3460

**Eligibility:** Families may qualify if they are women who are pregnant, breastfeeding, postpartum or have children under 5. Additionally, there are income guidelines for these families.

<b>2016 POVERTY INCOME GUIDELINES</b>			
<b>Family Size</b>	<b>100%</b>	<b>150%</b>	<b>200%</b>
<b>1</b>	\$11,8800	\$17,820	\$23,760
<b>2</b>	\$16,020	\$24,030	\$32,040
<b>3</b>	\$20,160	\$30,240	\$40,320
<b>4</b>	\$24,300	\$36,450	\$48,600
<b>5</b>	\$28,440	\$42,660	\$56,880
<b>6</b>	\$32,580	\$48,870	\$65,160
<b>7</b>	\$36,730	\$55,095	\$73,460
<b>8</b>	\$40,890	\$61,335	\$81,780