

1 in 5 people in our area are food insecure.

If you or someone you know has a food need, the following options are available:

Bremer County Food Resources

Presented by:



For additional information contact:
Waverly-Shell Rock Area United Way
319-352-2582 or
director@wsrunitiedway.org

Bremer-Butler Crisis Fund/Salvation Army

Program offered: Emergency Living Assistance

Contact Information: Sgt. Paul Leisinger or Capt. Don Eggleston, (319)352-5400

Eligibility: Bremer or Butler County resident and must meet needs assessment

Bremer County Iowa State University Extension and Outreach

Programs Offered: Science and research-based nutritional and family information, plus toll-free “Answer Line” with real people.

Contact Information:

Ron Lenth

rlenth@iastate.edu

www.extension.iastate.edu/bremer

319-882-4275

Eligibility: Open to all

Bremer County Veterans Affairs

Programs Offered: Veterans General Assistance

Contact Information:

Neal Jarnagin

(319) 352-4209

njarnagin@co.bremer.ia.us

<http://www.bremercountyva.org/general-relief/>

Eligibility: Must be a veteran or immediate family member (spouse, dependent adult or child) as defined by Chapter 35.1 of the Iowa Code and have a basic, emergency need that cannot be met by other means. Additionally, they must be a resident of Bremer County, meet certain income/asset guidelines, be registered with Iowa Workforce Development, and apply for all other assistance in the area.

Cedar Valley Friends of the Family

Program(s) offered: Emergency Safe Shelter, Rapid-Rehousing, Transitional Housing, Permanent Supportive Housing, and Prevention Education

Contact Information-

319-352-1108; 1-800-410-SAFE;

admin@cvfriendsofthefamily.org

Eligibility-Anyone that is fleeing domestic violence/sexual assault and/or that is struggling with homelessness may qualify for services.

Department of Human Services

Program Offered: SNAP (Supplemental Nutritional Assistance Program);

Contact Information: 877-204-3822;

Eligibility: Income and resource limits based on household size and composition.

Helping Services of Northeast Iowa

Program offered: Emergency Food Boxes & Transitional Housing

Contact Information: 1-800-383-2988; 24 hours a day.

www.helpingservices.org

Eligibility: Individuals and families who are victims of domestic violence

Northeast Iowa Area Agency on Aging

Programs offered: Congregate meals at the Waverly Senior Center, Home Delivered Meals, Frozen and shelf stable meals for the weekends and inclement weather (meals are offered to eligible participants on a contribution basis) Senior Farmers Market Program (available beginning June 1st), Elderly Nutrition Boxes and Weekends Bags

Contact information: LifeLong Links at 1-866-468-7887

Eligibility: Individuals 60 years of age or older; Spouse of any age. Additional services may be available for those 60 and over or those disabled between the ages of 18 and 60.

Northeast Iowa Community Action Corporation (NEICAC)

Program(s) offered: Low-Income Home Energy Assistance (LIHEAP), Emergency Utility and Rent Assistance, Food Pantry, Head Start, Weatherization, Family Development & Self-Sufficiency (FaDSS) Program, Energy Crisis Intervention Program (ECIP), Tenant Based Rental Assistance (TBRA) and Disaster Assistance when Governor declares a disaster and includes the Individual Assistance Program.

Contact Information: (319) 352-4532 M-W-F from 7:00am – Noon

Program Eligibility: All programs are based on household income and vary from program to program.

Northeast Iowa Food Bank

Program(s) offered: Mobile Food Pantry, Second Tuesday of each month from 5:30 to 6:30 pm at Vineyard Church in Waverly and Boyd Community Building in Shell Rock from 5:00pm-6:00pm also the 4th Thursday at Faith United Church of Christ in Tripoli from 5:00pm-6:30pm; Backpack Program is through the School System; Elderly Food Boxes are through the Senior Center for homebound Seniors and Bags of Food for Seniors in need who come to the Center; Food to Qualified Nonprofit Organizations-call the Food Bank for more information

Contact Information: Karen Erickson, Director of Programs 319-235-0507 or Barbara Prather, Executive Director

Eligibility: Depends on the Program call the Northeast Iowa Food Bank for details.

Peace United Community Meal

Program Offered: Free Community Meal Every Thursday Night from 5:30pm-6:30pm.

Location: Peace United Church, 1800 11th Street S.E.

Contact Information: 319-352-3151

Eligibility: Open to all

Saint's Café Community Meal

Program Offered: Free Community Meal Every Monday Night from 5:00pm-6:30pm.

Location: St. Paul's Lutheran Church (Transportation available)

Contact Information: St. Paul Lutheran Church (319) 352-1484, Redeemer Lutheran Church (319) 352-1325, St. Andrew Episcopal Church (319) 352-1489, Trinity United Methodist Church (319) 352-2590, Heritage United Methodist Church (319) 352-1776, St. Mary Catholic Church (319) 352-2493.

Eligibility: Open to all

Summer Lunch Program

Program Offered: Lunch & Activities held weekdays for youth ages 5-18 (June 12-August 11) 11:30am-12pm lunch, 12pm-1:30 literacy/enrichment activities

Location: Southeast Elementary(Transportation Available)

Contact Information: Waverly-Shell Rock Area United Way (319)352-2582

Eligibility: Open to all

Waverly Café

Program offered: Weekly Community Meal served each Wednesday from 5:30-6:30pm held at Grace Baptist

Contact Information: 1110 4th St SW, Waverly, IA; 319-352-2656

Eligibility: No eligibility requirements. Everyone welcome.

Waverly Sharing Gardens

Program Offered: Providing fresh vegetables for those in need utilizing volunteers.

Contact Information: Waverly Leisure Services- 319-352-6263, garden@ci.waverly.ia.us

Eligibility: N/A

Waverly-Shell Rock Area United Way

Program Offered: Offering local referrals and program information as well as 24 hour crisis assistance and referrals through 2-1-1

Contact Information: Dial 2-1-1 for 24 hour crisis assistance or referrals; local contact (319)352-2582 or

director@wsrunityway.org

Eligibility: N/A

Program Offered: FREE Summer Lunch & Enrichment Program offered June 11-Aug 10 (M-F 11:30 lunch; Noon-1:15pm Enrichment) at Southeast Elementary School

Contact Information: (319)352-2582 or

director@wsrunityway.org

2018 POVERTY INCOME GUIDELINES

Family Size	100%	150%	200%
1	\$12,140	\$18,210	\$24,280
2	\$16,240	\$24,360	\$32,480
3	\$20,420	\$30,630	\$40,840
4	\$24,600	\$36,900	\$49,200
5	\$28,780	\$43,170	\$57,560
6	\$32,960	\$49,440	\$65,920
7	\$37,140	\$55,710	\$74,280
8	\$41,320	\$61,980	\$82,640

WIC (Women, Infants, & Children)

Programs offered: Nursing and Dietitian Assessment, Peer Counseling for Breastfeeding Women and the provision of food instruments for women and/or children that qualify

Contact Information: Sue A. Burnett, sburnett@operationthreshold.org, (319) 824-3460

Eligibility: Families may qualify if they are women who are pregnant, breastfeeding, postpartum or have children under 5. Additionally, there are income guidelines for these families

